

Honey Roasted SOY NUTS

Nutrition Facts

Mfg. Code #57109
(144 ct./case; .71 cube)
Kosher
1 oz. Meat Alternate or
1/4 cup Vegetable

Serving Size: 1 oz. (1/4 cup)

NUTRIENT	Total per 100 Grams	Total per 1 ounce	%RDI
Calories	476.06	135.20	6.76
Total Fat (g)	21.97	6.24	9.60
Saturated Fat (g)	2.78	0.79	—
Trans Fat (g)	0.00	0.00	—
Monounsaturated fat (g)	7.29	2.07	—
Polyunsaturated fat (g)	10.81	3.07	—
Cholesterol (mg)	0.00	0.00	0.00
Sodium (mg)	198.17	56.28	2.30
Carbohydrates (g)	39.82	11.31	3.80
Dietary Fiber (g)	15.10	4.29	17.10
Sugars (g)	11.94	3.39	—
Protein (g)	29.79	8.46	16.92
Vitamin A (IU)	0.00	0.00	0.00
Vitamin C (mg)	1.82	0.52	0.90
Calcium (mg)	167.61	47.60	4.80
Iron	5.18	1.47	8.20
Water (g)	2.76	0.77	—
Ash (g)	4.30	1.22	—

INGREDIENTS: SOYBEANS, SUNFLOWER OIL, SUGAR, WHEAT STARCH, MALTODEXTRIN, HONEY, SALT, XANTHAN GUM.

Nutritional information based on database values (calculated). Periodic lab analysis recommended for verification.

Shelf Life: Six (6) months room temperature (70° F.), 18 months refrigerated (30° F.–40° F.) and 24 months frozen (0° F.).